

KINESIOLOGY AND SPORT MANAGEMENT

Department Website: Kinesiology and Sport Management (<https://www.gonzaga.edu/school-of-education/undergraduate/department-of-kinesiology-and-sport-management/>)

Bachelor of Education in Kinesiology

The Bachelor of Education in Kinesiology is dedicated to equipping students with the knowledge and skills necessary to improve the health of individuals and communities through physical activity. Throughout the program, students explore how physical activity and health behaviors impact exercise performance, disease prevention, and overall quality of life. Upon graduation, students will possess the expertise, confidence, and practical experience to evaluate and develop comprehensive health and fitness programs.

Upon graduation graduates are well-equipped to work in a variety of settings, including clinical, community, and corporate environments, where they can evaluate, design, and implement health and fitness programs. Graduates of the program are prepared for roles such as exercise physiologists, strength and conditioning coaches, wellness coordinators, and fitness club program developers. Additionally, the degree is designed to provide students with a pathway to various graduate programs in areas such as (but not limited to) athletic training, strength and conditioning, and clinical or applied kinesiology-related programs.

Students who complete the Kinesiology program will also be eligible to sit for national certifications, such as the American College of Sports Medicine (ACSM) Certified Exercise Physiologist certification or the National Strength and Conditioning Association (NSCA) Certified Strength and Conditioning Specialist certification.

Bachelor of Education in Sport Management

The Bachelor of Education in Sport Management prepares students for various careers in the sport industry, equipping them with the knowledge and skills needed for roles in sport leadership, event management, and the business of sports while educating and supporting individuals in athletic and recreational settings.

The program combines academic coursework with practical experience, requiring students to complete internships that provide hands-on learning in real-world sport settings. It also serves as a strong foundation for graduate studies in Athletic Administration, Sport Management, or related disciplines. Students are encouraged to enhance their expertise by pursuing an advisor-approved minor in a complementary field. A 24-credit minor in Sport Management is also available for those seeking further specialization.

Activity Course Offering: The Kinesiology and Sport Management Department also offers a large number of activity courses (EDPE 101-189) which are open to students throughout the University. Activity courses may be repeated for credit.

Kinesiology (B.Ed) Major Program Requirement

Code	Title	Hours
Lower Division		
EDPE 190	Introduction to Kinesiology and Sport Management	3
EDPE 202A	Health and Fitness Club Management	3
EDPE 209	Community CPR and First Aid	1
EDPE 222	Health and Wellness	3
EDPE 224	Exercise and Sport Nutrition	3
EDPE 276	Anatomy and Physiology I	3
EDPE 276L	Anatomy and Physiology I Lab	1
EDPE 277	Anatomy and Physiology II	3
EDPE 277L	Anatomy and Physiology II Lab	1
Upper Division		
EDPE 310	Motor Development and Learning	3
EDPE 340	Exercise and Sport Psychology	3
EDPE 377	Physiology of Exercise	3
EDPE 377L	Physiology of Exercise Lab	1
EDPE 378	Structural Kinesiology	3
EDPE 450	Principles of Strength and Condition	3
EDPE 465	Special Populations and Exercise	3
EDPE 477	Exercise Testing	3
EDPE 477L	Exercise Testing Lab	1
EDPE 480	Exercise Prescription	3
EDPE 481	Kinesiology Seminar	1
Select one of the following:		3
EDPE 496A	Practicum: Physical Education	
EDPE 496B	Practicum: Coaching	
EDPE 496C	Practicum: Health and Fitness	
EDPE 499	Comprehensive Examination	0
Total Hours		51

Sport Management (B.Ed) Major Program Requirements

Code	Title	Hours
Lower Division		
SPMT 101	Introduction to Sport Management	3
EDPE 202A	Health and Fitness Club Management	3
SPMT 205	Sport and Activity. in a Diverse Society	3
SPMT 207	Sport Communication	3
EDPE 222	Health and Wellness	3
Upper Division		
SPMT 321	Sport Facility and Event Management	3
SPMT 412	Organizational. Behavior in Sport	3
SPMT 330	Sport Marketing	3
SPMT 414	Ethical and Legal Aspects in Sport	3
SPMT 495	Sport Management Internship I	3
SPMT 496	Sport Management Internship II	3
SPMT 499	Seminar in Sport Management	3

SPMT 300-485/496 elective (not previously taken)	6
Total Hours	42

Sport Management Minor Program Requirements

Code	Title	Hours
Lower Division		
SPMT 101	Introduction to Sport Management	3
SPMT 205	Sport and Activity in a Diverse Society	3
Upper Division		
SPMT 321	Sport Facility and Event Management	3
SPMT 412	Organizational Behavior in Sport	3
SPMT 495	Sport Management Internship I	3
Select three of the following:		9
SPMT 207	Sport Communication	
SPMT 225	Foundations of Esports	
SPMT 287	Foundations in Sports Outreach	
SPMT 307	International Sport Management	
SPMT 330	Sport Marketing	
SPMT 414	Ethical and Legal Aspects in Sport	
SPMT 485	Special Topic	
SPMT 496	Sport Management Internship II	
Total Hours		24

Courses

EDPE 101. Tai Chi. (1 Credit)

May be repeated for credit.

Tai Chi is a unique exercise system which consists of a sequence of slow, relaxed movements. Its benefits in the areas of health, fitness, relaxation, concentration and self-defense are well known. Tai Chi helps restore and maintain natural health as well as stretches, strengthens, and relaxes the entire body. Tai Chi is a gentle exercise suited to all age groups and can be used as a valuable method of stress management. Offered on sufficient demand.

EDPE 102. Basketball and Softball. (1 Credit)

May be repeated for credit.

This class will provide students with a progressive sequence of skills and activities designed to offer a basic understanding in both basketball and softball. Game strategies, techniques, terminology, rules and safety will be covered in this class. Students will participate in organized games and skill competitions against classmates. Offered on sufficient demand.

EDPE 103. Basketball and Flag Football. (1 Credit)

May be repeated for credit.

This class will provide students with a progressive sequence of skills and activities designed to offer a basic understanding in both basketball and flag football. Game strategies, techniques, terminology, rules and safety will be covered in this class. Students will participate in organized games and skill competitions against classmates. This class is only offered in the fall.

EDPE 104. Varsity Basketball. (1 Credit)

May be repeated for credit.

Members of the Varsity Basketball Team only. Instructor permission required.

Prerequisites: Prerequisites exist. Refer to Zagweb.

EDPE 106. Varsity Cheerleading. (1 Credit)

May be repeated for credit.

Members of the Varsity Cheerleading Team only. Instructor permission required.

EDPE 108. Beginning Bowling. (1 Credit)

May be repeated for credit.

Students will be provided with a progressive sequence of skills and activities designed to provide a basic understanding of bowling. This class will cover bowling strategies, techniques, terminology, etiquette and safety concepts. In addition, this course is designed to provide competition in a fun environment. This is an off-campus course. Lab fee required.

Course Fee: 168

EDPE 110. X-Biking. (1 Credit)

May be repeated for credit.

This interval based cycling class will work your entire body. Classes are taught using the stationary x-bikes, which allow users to engage their upper body and core while the legs do the pedaling.

EDPE 111. Indoor Soccer. (1 Credit)

May be repeated for credit.

This activity class will focus on the fundamental skills and rules of indoor soccer. This class will be held at the SYSA Indoor Soccer Center and will be taught by experienced soccer coaches. This is an off-campus course. Lab fee required. Offered on sufficient demand.

Course Fee: 120

EDPE 112. Varsity Rowing. (1 Credit)

May be repeated for credit.

Instructor Permission and Crew Team only

Prerequisites: Prerequisites exist. Refer to Zagweb.

EDPE 113. Cross Training. (1 Credit)

May be repeated for credit.

Cross Training combines classic strength training and conditioning into a highly effective program. In each session, athletes tackle a strength component followed by a metabolic conditioning component. Strength training revolves around core lifts: squats, presses, deadlifts, and an introduction to Olympic lifts. In addition to the core lifts, athletes will also gain exposure to accessory, midline, and bodyweight strength. This class is great for any level of fitness. This is an off-campus course. Lab fee required.

Course Fee: 350

EDPE 114. Zumba. (1 Credit)

May be repeated for credit.

Zumba is a fusion of Latin and International Music-dance themes creating a dynamic, exciting, effective fitness system. The routines feature aerobic/fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body. Zumba utilizes the principals of fitness interval training and resistance training to maximize caloric output, fat burning and total body toning. It targets areas such as the glutes, legs, arms, abdominals and the heart. It is a mixture of body sculpting movements with easy to follow dance steps.

EDPE 115. Cardio Blast. (1 Credit)

May be repeated for credit.

Geared to all who want to sweat and have fun in a group fitness class. Classes will be a combination of step and floor aerobics, aerobic kickboxing, circuit training, body toning, and general cardiovascular workouts. Classes vary by day and instructor focus.

EDPE 116. Cardio Pump. (1 Credit)**May be repeated for credit.**

Cardio Pump is a barbell class that will strengthen and tone your entire body. This 50-minute workout will challenge all of your major muscle groups by using exercises like squats, presses, lifts and curls in high repetition set to music. Offered on sufficient demand.

EDPE 117. Social Dance. (1 Credit)**May be repeated for credit.**

Students will learn the fundamentals of swing, salsa and ballroom styles of dance. Social dancing provides an outlet for increasing an individual's social, mental, and physiological development in a fun, low pressure environment. This is an off-campus course. Lab fee required. Offered on sufficient demand.

Course Fee: 85

EDPE 118. Barre. (1 Credit)**May be repeated for credit.**

Barre Long and Lean is a full body workout that yields powerful results quickly. Classes utilize a ballet barre to build long, lean muscles and functional body. Components of class include yoga, Pilates, strength training and stretching. No experience is necessary and all levels of fitness are welcome. This is an off-campus course. Lab fee required.

Course Fee: 305

EDPE 119. Roll and Recover. (1 Credit)**May be repeated for credit.**

The goal of this course is to teach students how to use self-myofascial release techniques to recover, move and feel better. Each class will focus on treating different muscle groups and areas of the body by using therapy balls and other recovery tools. Students will not only get the benefit of experiencing myofascial release techniques each class from a certified instructor but will also learn how to use the therapy balls themselves to help their body recover and move better. This class is appropriate for all ages and fitness levels. Yoga mat is required for this class. Offered on sufficient demand.

Course Fee: 250

EDPE 120. Varsity Baseball. (1 Credit)**May be repeated for credit.**

Members of the Varsity Baseball Team only. Instructor permission required.

Prerequisites: Prerequisites exist. Refer to Zagweb.

EDPE 122. Varsity Track. (1 Credit)**May be repeated for credit.**

Members of the Varsity Track Team only. Instructor permission required.

Prerequisites: Prerequisites exist. Refer to Zagweb.

EDPE 123. Varsity Cross Country. (1 Credit)**May be repeated for credit.**

Members of the Varsity Cross Country Team only. Instructor permission required.

Prerequisites: Prerequisites exist. Refer to Zagweb.

EDPE 126. Beginning Golf. (1 Credit)**May be repeated for credit.**

Each session will consist of a review of basic fundamentals of grip, stance, ball positioning and swing mechanics. The first session will include: course overview, safety concerns in the game of golf and putting. The second session will be chipping; the third session will consist of swings with the short irons; the fourth session will cover the full swing with mid irons; the fifth session will cover full swing with woods; the sixth and final session will go over bunker play, course review and etiquette. This is an off-campus course. Lab fee required.

Course Fee: 95

EDPE 127. Intermediate-Advanced Golf. (1 Credit)**May be repeated for credit.**

This course is a continuation from EDPE 126. It is designed to provide more advanced instruction for individuals with greater than beginning skills. It will discuss and emphasize stroke refinement and special play situations. This is an off-campus course. Lab fee required.

Course Fee: 95

EDPE 128. Varsity Golf. (1 Credit)**May be repeated for credit.**

Members of the Varsity Golf Team only. Instructor permission required.

Prerequisites: Prerequisites exist. Refer to Zagweb.

EDPE 129. Self Defense. (1 Credit)**May be repeated for credit.**

Throughout this 7-week course, participants will acquire a diverse range of self-defense skills while also sharpening their situational awareness. Students will be trained to interpret typical body language cues that may indicate a potential threat and to effectively defuse confrontational situations. This is an off-campus course. Lab fee required.

Course Fee: 260

EDPE 130. Triathlon Training. (1 Credit)**May be repeated for credit.**

The emphasis of this course will be on preparing students for triathlon events, with skill development in the areas of swimming, biking and running. This course will incorporate a variety of training methods to ensure progressive development of individual cardiovascular fitness. Offered on sufficient demand.

EDPE 136. Scuba. (1 Credit)**May be repeated for credit.**

The purpose of an Open Water Diver Scuba Diving course is to equip each student with the proper knowledge and skills to become a safe and independent diver. The goal of this class is to work towards becoming a certified, safe and educated diver that respects and enjoys the underwater world. All academics and water skills will be taught in a realistic manner with references to practical diving situations. Students must pass a swim test in order to participate. Lab fee required.

Course Fee: 340

EDPE 137. Sport Performance Training. (1 Credit)**May be repeated for credit.**

This class is designed to progressively build strength, power, speed, agility and endurance for your sport. Improving athleticism through strength & conditioning workouts will enhance your sport-specific skills on the field and court. A properly executed sports performance training plan will not only help you jump higher and run faster, but will also reduce the chance of injury. Offered on sufficient demand. This is an off-campus course. Lab fee required. Offered on sufficient demand.

Course Fee: 235

EDPE 138. Skiing. (1 Credit)**May be repeated for credit.**

This course is open to both non-skiers and skiers of various abilities. You'll have fun while learning or improving your ski skills and get credit at the same time. Students have the option of enrolling in classes at 49 Degrees North or Mt. Spokane. The course runs for six consecutive weeks. This is an off-campus course. Lab fee required. This class is only offered in the spring.

EDPE 140. Snowboarding. (1 Credit)**May be repeated for credit.**

This course is open to snowboarders of all abilities. You'll have fun while learning or improving your snowboarding skills and get credit at the same time. Students have the option of enrolling in classes at 49 Degrees North or Mt. Spokane. The course runs for six consecutive Saturdays. This is an off-campus course. Lab fee required. This class is only offered in the spring.

Course Fee: Additional fees exist. Refer to Zagweb Course Offerings.

EDPE 144. Shoot 360 Basketball Training. (1 Credit)**May be repeated for credit.**

This class takes place in a state-of-the-art basketball training facility where students will work on passing, ballhandling, and shooting. Passing and ballhandling skill development will take place on interactive skill courts with virtual trainers and passing screens. Students will then move onto shooting courts where they will get instant feedback with the newest technology in basketball training. Students will be required to attend 2 classes a week. All levels of basketball players are welcome and encouraged. Off-Campus course. Additional lab fee required.

Course Fee: 450

EDPE 145. Varsity Soccer. (1 Credit)**May be repeated for credit.**

Members of the Varsity Soccer Team only. Instructor permission required.

Prerequisites: Prerequisites exist. Refer to Zagweb.

EDPE 146. Soccer and Volleyball. (1 Credit)**May be repeated for credit.**

This class will provide students with a progressive sequence of skills and activities designed to offer a basic understanding in both soccer and volleyball. Game strategies, techniques, terminology, rules and safety will be covered in this class. Students will participate in organized games and skill competitions against classmates.

EDPE 147. Softball and Volleyball. (1 Credit)**May be repeated for credit.**

This class is designed to provide students with a progressive sequence of skills and activities designed to offer a basic understanding in both softball and volleyball. Game strategies, techniques, terminology, rules and safety will be covered in this class. Students will participate in organized games and skill competitions against classmates.

EDPE 148. Varsity Tennis. (1 Credit)**May be repeated for credit.**

Members of the Varsity Tennis Team only. Instructor permission required.

Prerequisites: Prerequisites exist. Refer to Zagweb.

EDPE 149. Varsity Tennis Conditioning. (1 Credit)**May be repeated for credit.**

Members of the Varsity Tennis Team only. Instructor permission required.

Prerequisites: Prerequisites exist. Refer to Zagweb.

EDPE 150. Varsity Weight Training. (1 Credit)

Members of Gonzaga University Varsity Athletic Teams only. Permission required

EDPE 151. The Union Spin and Yoga. (1 Credit)**May be repeated for credit.**

The Union is an off-campus fitness studio that specializes in both spin and yoga classes. The hour long yoga class and fifty minute spin class focus on powerful, athletic and high energy components. Students will be required to attend 2 classes a week and can pick either yoga and/or spin. All levels of fitness are welcome and encouraged. This is an off-campus course. Lab fee required.

Course Fee: 375

EDPE 152. Racquet Sports. (1 Credit)**May be repeated for credit.**

This class will provide students with a progressive sequence of skills and activities designed to offer a basic understanding in racquetball, pickle ball, badminton and tennis. Game strategies, techniques, terminology, rules and safety will be covered in this class. Students will participate in organized games and skill competitions against classmates.

EDPE 153. Tennis. (1 Credit)**May be repeated for credit.**

This class will provide students with a progressive sequence of skills and activities designed to offer a basic understanding in both tennis and badminton. Game strategies, techniques, terminology, rules and safety will be covered in this class. Students will participate in organized games and skill competitions against classmates. Offered on sufficient demand.

EDPE 154. Varsity Volleyball. (1 Credit)**May be repeated for credit.**

Members of the Varsity Volleyball Team only. Instructor permission required.

Prerequisites: Prerequisites exist. Refer to Zagweb.

EDPE 155. Soccer and Basketball. (1 Credit)**May be repeated for credit.**

This class will provide students with a progressive sequence of skills and activities designed to offer a basic understanding in both soccer and basketball. Game strategies, techniques, terminology, rules and safety will be covered in this class. Students will participate in organized games and skill competitions against classmates.

EDPE 156. Pilates. (1 Credit)**May be repeated for credit.**

This Pilates class is designed to strengthen and lengthen the muscles of the body. Using a combination of mat-work exercises, yoga-like postures, and strength conditioning skills, this Pilates class will focus on abdominal muscles, the muscles of the upper and lower back, including the shoulders, and the muscles surrounding the pelvis and glutes. This class will include beginner through intermediate level Pilates exercises and is appropriate for all ages and fitness levels.

EDPE 157. Yoga. (1 Credit)**May be repeated for credit.**

This class is designed to promote individual fitness for total mind/body health. The primary emphasis will focus on strength and stretching movements, incorporating breathing and relaxation techniques. Students will benefit from greater body awareness, increased strength, flexibility, and an overall feeling of well-being. This class is appropriate for all ages and fitness levels. Classes vary by day and by instructor focus.

EDPE 158. Fitness and Conditioning. (1 Credit)**May be repeated for credit.**

Fitness and Conditioning is a great class for both the beginning exerciser and the fitness enthusiast. This course is designed to help increase individuals' cardiovascular endurance, speed and agility, and upper body, lower body, and core strength. This class will introduce individuals to a variety of activities that will lead to an overall improvement of body conditioning: weight training, running/walking, calisthenics, and plyometrics.

EDPE 160. Weight Training. (1 Credit)**May be repeated for credit.**

This course is designed for students with all levels of weight training experience. Students will be supervised and instructed in the proper lifting techniques. This class gives instruction and practice in the use of resistance exercise for increasing muscular strength and endurance. The course will emphasize different effects from different workout types and proper lifting technique to help individuals meet their goals. Additionally, students will learn general weight room safety, spotting techniques and weight room etiquette.

EDPE 161. Studio Yoga. (1 Credit)**May be repeated for credit.**

Experience yoga off-campus in a warm studio exclusively dedicated to the practice of yoga, meditation and study. At Spokane Yoga Shala, several different styles of yoga are taught. Students are able to pick classes and times that work best you're your schedule. Students are expected to attend two classes a week. This is an off-campus course. Lab fee required.

Course Fee: 329

EDPE 164. Beginning Fly Fishing. (1 Credit)**May be repeated for credit.**

The purpose of this class is to provide beginning fly fishers, or those who need some basic assistance, with a comprehensive course on the essentials of fly fishing. Intermediate students can also enroll in this class to enrich their technical skills. The class will cover equipment; casting; basic entomology (fish food sources); water reading; fly selection and knot tying; safety; fishing strategies in both still and moving water; and if time allows an introduction to fly tying. Lab fee required. Offered on sufficient demand.

EDPE 168. EF: Tread, Yoga and EMP. (1 Credit)**May be repeated for credit.**

Empire focuses on whole body health and wellness with an emphasis on functional movement, recovery and sustainable fitness. Class options are listed and described below. Students will be required to attend 2 classes a week and can choose Yoga, EMP or Treads. Classes are available for all levels and can always be tailored to individual fitness needs. This is an off-campus course. Lab fee required.

Course Fee: 275

EDPE 175. Beginning Gymclimbing. (1 Credit)**May be repeated for credit.**

This course teaches students the basic climbing skills. The emphasis of this course will be on climbing technique and physical training through climbing in the gym. This course is held at Wild Walls Climbing Gym which is a state of the art 40 foot high monolith with over 6000 square feet of climbing terrain. There are over 35 ropes for top roping, a bouldering cave and 50 routes that are changed on a continual basis. This is an off-campus course. Lab fee required.

Course Fee: 275

EDPE 176. Intermediate Gym Climbing. (1 Credit)**May be repeated for credit.**

This course is geared toward students who already have the basic climbing skills. Knowledge needed for this class is: be an experienced belayer, tie a figure eight follow through knot and understand the basic terminology associated with climbing. The emphasis of this course will be on climbing technique and physical training through climbing in the gym. This course is held at Wild Walls Climbing Gym which is a state of the art 40-foot-high monolith with over 6000 square feet of climbing terrain. There are over 35 ropes for top roping, a bouldering cave and 50 routes that are changed on a continual basis. This is an off-campus course. Lab fee required.

Course Fee: 275

EDPE 186. GU out of Bounds Rafting. (1 Credit)**May be repeated for credit.**

A basic introduction to river rafting, campsite preparation, and organization. Students must participate in the Gonzaga sponsored "Out of Bounds" adventure orientation to be eligible for this activity class.

EDPE 188. PiYo. (1 Credit)**May be repeated for credit.**

This class is designed to promote individual fitness for total mind/body health through a combination of mat Pilates and yoga. The primary emphasis will be on strengthening and stretching movements, from each tradition, along with the varied breathing techniques associated with each. Appropriate for all ages and fitness levels, the students will benefit from greater body awareness, increased strength, flexibility, and an overall feeling of well-being.

EDPE 189. Exercise Technique. (1 Credit)

This course introduces students to proper exercise technique, equipment considerations, exercise selection, and resistance training safety guidelines. Students will demonstrate proper technique for various body weight, free weight, and resistance machine exercises.

EDPE 190. Introduction to Kinesiology and Sport Management. (3 Credits)

Overview of the historical and philosophical foundations, contemporary viewpoints, and knowledge bases of kinesiology and sport management. Introduction to scholarly study, career opportunities, and professional preparation in related fields.

Enrollment limited to students with a semester level of First Year (0-25.99 credits), Second Year (26-59.99 credits) or Third Year (60-95.99 credits).

Enrollment is limited to students with a program in Kinesiology, Sport Management or Sport Management.

EDPE 191. Special Topics. (1-3 Credits)**May be repeated for credit.**

Topic to be decided by faculty.

EDPE 195. New Athlete Orientation. (1 Credit)

This course is designed to support the student athlete with academics and Division I regulations. Permission only.

EDPE 201. Team Sports Methods. (2 Credits)

Students are exposed to the concepts, terminology, skill development, and methods necessary to instruct a variety of team sports. Emphasis is placed on designing and delivering instructional and assessment techniques for fundamental movement patterns and tactical principles in team sports commonly taught in public schools and recreational settings.

EDPE 202A. Health and Fitness Club Management. (3 Credits)

Provides the background and knowledge to prepare for programming issues in supervising fitness programs, fitness trainers, and facilities. Participants will gain an understanding of the foundations of the fitness industry in the United States. This course focuses primarily on the business aspects of owning/operating a fitness club, covering memberships, facilities, programming, facilities, staffing, and budgeting practices.

Prerequisites: EDPE 190 (may be taken concurrently) with a minimum grade of D

Enrollment is limited to students with a program in Kinesiology or Sport Management.

EDPE 205. Sport and Activity in Diverse Society. (3 Credits)

A comprehensive understanding of the ways in which people differ - including race, sex, age, mental and physical ability, weight, religion, sexual orientation, and social class - and how these differences can influence sport organizations. This course offers specific strategies for managing diversity in social organizations and work groups, provides an overview of different types of diversity training which can be implemented in the workplace, and outlines legal issues related to diversity.

Prerequisites: EDPE 190 (may be taken concurrently) with a minimum grade of D

Students with a semester level of Fourth Year (96+ credits) or Third Year (60-95.99 credits) may **not** enroll.

Enrollment is limited to students with a program in Sport Management or Sport Management.

EDPE 207. Sport and Fitness in Digital Age. (3 Credits)

This course will analyze the changes that have given rise to the situation, combining theoretical insights with original evidence collected through extensive research and interview with people working in the media and sport and fitness industry. This course will be conducted in a discussion/lecture and lab format. Students will develop a set of sport media projects in the computer lab that will allow them to apply up-to-date technology into the real business of sport and fitness.

Prerequisites: EDPE 190 (may be taken concurrently) with a minimum grade of D

Enrollment is limited to students with a program in Sport Management.

EDPE 209. Community CPR and First Aid. (1 Credit)

May be repeated for credit.

Red Cross Certification in First Aid, CPR and AED is offered through a class that prepares students to recognize and respond to illness/injury situations. Learn basic care for victims, including cardiopulmonary resuscitation for infants, children and adults, as well as immediate care for injuries. Using Automatic External Defibrillators is covered. Class includes hands-on lab skill application.

Course Fee: 55

EDPE 222. Health and Wellness. (3 Credits)

Investigation of the factors affecting healthful living and wellness, including mental, emotional, physical, social, spiritual, and environmental health.

Prerequisites: EDPE 190 (may be taken concurrently) with a minimum grade of D

Enrollment is limited to students with a program in Dance, Kinesiology or Sport Management.

EDPE 223. Lifeguard Training. (3 Credits)

Prepares individuals to assume the duties and responsibilities of lifeguards at swimming pools and at protected (non-surf) open water beaches. Prerequisite: Successful completion of pre-course skill test. Offered on sufficient demand.

EDPE 224. Exercise and Sport Nutrition. (3 Credits)

This course introduces students to the processes of digestion, transport and utilization of the macronutrients humans consume on a daily basis. Attention will be given to proper ranges for consumption of macronutrients as well as vitamins and minerals to improve overall health. A large portion of the course will be dedicated to the application of nutrition to various exercise settings (endurance athletes, strength athletes, team sport athletes, etc.) in order to optimize training and performance.

Enrollment is limited to students with a program in Dance, Kinesiology or Sport Management.

EDPE 276. Anatomy and Physiology I. (3 Credits)

Anatomy and Physiology is the first part of a two-course sequence. In this course, students are introduced to the structure and function of the human body in regards to cells, tissues and organs of the following systems: integumentary, skeletal, muscular and nervous systems, as well as the special senses. Emphasis will be placed on relationships between systems and the regulation of physiological mechanisms in order to maintain homeostasis. Must be concurrently enrolled in EDPE 276L.

Corequisites: EDPE 276L

Enrollment is limited to students with a program in Kinesiology.

EDPE 276L. Anatomy and Physiology I Lab. (1 Credit)

Laboratory experience introducing the structure and function of the human body in regards to cells, tissues and organs of the following systems: integumentary, skeletal, muscular and nervous systems, as well as the special senses. Emphasis will be placed on relationships between systems and the regulation of physiological mechanisms in order to maintain homeostasis. Must be concurrently enrolled in EDPE 276L.

Corequisites: EDPE 276

Course Fee: 100

Enrollment is limited to students with a program in Kinesiology.

EDPE 277. Anatomy and Physiology II. (3 Credits)

Anatomy and Physiology II is the second part of a two-course sequence. In this course, students are introduced to the structure and function of the human body in regards to cells, tissues and organs of the following systems: endocrine, cardiovascular, respiratory, lymphatic, urinary, digestive and reproductive (which includes development, pregnancy and genetics). Emphasis will be placed on relationships between systems and the regulation of physiological mechanisms in order to maintain homeostasis. Must be concurrently enrolled in EDPE 277L.

Prerequisites: EDPE 276 with a minimum grade of D and EDPE 276L with a minimum grade of D

Corequisites: EDPE 277L

Enrollment is limited to students with a program in Kinesiology.

EDPE 277L. Anatomy and Physiology II Lab. (1 Credit)

Laboratory experience introducing the structure and function of the human body in regards to cells, tissues and organs of the following systems: endocrine, cardiovascular, respiratory, lymphatic, urinary, digestive and reproductive (which includes development, pregnancy and genetics). Emphasis will be placed on relationships between systems and the regulation of the physiological mechanisms in order to maintain homeostasis. Must be concurrently enrolled in EDPE 277.

Prerequisites: EDPE 276 with a minimum grade of D and EDPE 276L with a minimum grade of D

Corequisites: EDPE 277

Course Fee: 100

Enrollment is limited to students with a program in Kinesiology.

EDPE 290. Directed Study. (1-3 Credits)

May be repeated for credit.

Topic to be decided by faculty.

EDPE 291. Special Topics. (1 Credit)

May be repeated for credit.

EDPE 307. Foundations in Sports Outreach. (3 Credits)

This course will investigate the historical foundations and the current development, planning, implementation, evaluation and biblical justifications for sport ministry programs (also known as sports outreach) within faith communities. The student who successfully completes this course will be able to relate biblical concepts to sport and recreational ministries from a written and practical format to provide a social contribution to the communities in which they reside. This course will equip the student to handle decision-making, organizational strategies, staffing, training, and various roles of leadership as they pertain to the broad faith community program.

Enrollment limited to students with a semester level of Fourth Year (96+ credits), Second Year (26-59.99 credits) or Third Year (60-95.99 credits).

EDPE 310. Motor Development and Learning. (3 Credits)

Students will learn the major theories and principles underlying the acquisition of motor skill and how control of skilled movements is gained, maintained, and adapted. Specifically, this course covers how changes in motor development impact the learning and performance of motor skills. Emphasis will be given to analyzing motor skills and designing developmentally appropriate instruction in various settings. Students with a semester level of First Year (0-25.99 credits) may **not** enroll.

Enrollment is limited to students with a major in Kinesiology.

EDPE 311. Exercise and Sport Instructional Methods. (3 Credits)

The study of how to design and deliver effective instruction in exercise and sport contexts. An introduction to curriculum development, instructional methods, and management strategies used within the field. This course utilizes an experiential approach to apply evidence-based practices in creating and leading exercise and sport sessions for diverse groups.

Prerequisites: EDPE 310 with a minimum grade of D

EDPE 312. Health Methods in Diverse Populations. (3 Credits)

This course prepares future health, fitness and physical educators to develop and implement health programs that will meet the needs of all their students. Introduction and application of a variety of teaching styles and strategies, classroom/group management skills, assessment protocol, and program activities appropriate for health will be covered. It will also allow students to observe, review, plan, and deliver instruction, evaluate instruction and provide meaningful learning experiences to a diverse population in school and community educational programs. Particular attention will be given to K-12 national and state health standards.

Prerequisites: EDPE 222 with a minimum grade of D

Enrollment is limited to students with a program in Kinesiology.

EDPE 313. Elementary Phys Educ Methods. (3 Credits)

This course introduces the knowledge and skills necessary to instruct a variety of physical activities for elementary aged children. Topics covered include: developing a quality program, characteristics of elementary students, classroom management, instructional methods, curriculum development, and assessment. Emphasis is placed on designing and delivering developmentally appropriate curriculum, instruction, and assessment for fundamental movement patterns and health-enhancing fitness concepts commonly taught in public schools and recreational settings. Must be concurrently enrolled in EDPE 497A.

Prerequisites: EDPE 311 (may be taken concurrently) with a minimum grade of D

Corequisites: EDPE 497A

Enrollment is limited to students with a program in Kinesiology.

EDPE 314. Secondary Physical Education Methods. (3 Credits)

This course introduces the knowledge and skills necessary to instruct a variety of physical activities for secondary aged youth. Topics covered include: developing a quality program, characteristics of secondary students, classroom management, instructional methods, curriculum development, and assessment. Emphasis is placed on designing and delivering developmentally appropriate curriculum, instruction, and assessment for applying movement principles and strategies and health-enhancing fitness concepts commonly taught in public schools and recreational settings. Must be concurrently enrolled in EDPE 497B.

Prerequisites: EDPE 311 (may be taken concurrently) with a minimum grade of D

Corequisites: EDPE 497B

EDPE 315. Adapted Physical Education and Sport. (3 Credits)

A course dealing with mental and physical disabilities that affect the cognitive, affective and physical development of youth. Physical activities, instructional strategies, and assessment protocol will be presented.

Prerequisites: EDPE 189 with a minimum grade of D and EDPE 310 (may be taken concurrently) with a minimum grade of D

EDPE 316. Water Safety Instruction. (3 Credits)

This course is designed to prepare individuals to teaching "swimming" from beginning to advanced levels. The course will be conducted to meet the requirements of the American Red Cross Instructor's Course. Certificate will be awarded to those who qualify. Offered on sufficient demand.

EDPE 321. Sport Facility Management. (3 Credits)

This course covers policies and practical applications of facility management and operations with special emphasis on effective designing, planning, operating, maintaining of the sport/athletic facility. Such topics as sports event bidding process, event planning, private and public funding sources for venue construction, mast plan, concessions and merchandising, booking, scheduling and security issues surrounding sport/athletic facilities will also be covered.

Prerequisites: EDPE 190 with a minimum grade of D and EDPE 205 with a minimum grade of D and EDPE 222 with a minimum grade of D
Enrollment limited to students with a semester level of Fourth Year (96+ credits), Second Year (26-59.99 credits) or Third Year (60-95.99 credits).

Enrollment is limited to students with a program in Sport Management or Sport Management.

EDPE 325. Foundation of E-Sports. (3 Credits)

This course is designed to provide an overview of E-Sports, and the curriculum covers various topics of E-Sports. Students are expected to gain a broad appreciation of E-Sports and lay a solid foundation for future learning and practice in the E-Sports industry. Offered every Spring.

Prerequisites: EDPE 190 with a minimum grade of D and EDPE 205 with a minimum grade of D

Course Fee: 100

Enrollment is limited to students with a program in Kinesiology, Sport Management or Sport Management.

EDPE 333. International Sport Management and Culture. (3 Credits)

This course focuses on the management and cross-cultural context of sport and the issues that surface when sport is examined through an international lens. This course will prepare students to think critically about the governance, business activities, media operations, and cross-cultural context of modern sport on an international level.

Prerequisites: EDPE 190 with a minimum grade of D and EDPE 205 with a minimum grade of D and EDPE 222 with a minimum grade of D
Enrollment limited to students with a semester level of Fourth Year (96+ credits) or Third Year (60-95.99 credits).

Enrollment is limited to students with a program in Kinesiology or Sport Management.

EDPE 340. Exercise and Sport Psychology. (3 Credits)

This course covers the discussion and application of psychological principles within the contexts of exercise and sport. Topics include examining how motivation, anxiety, attention, group dynamics, and confidence influence performance and well-being. Addresses how effective communication, self-regulation strategies, stress management, imagery, concentration strategies, and cognitive techniques can be incorporated into psychological skills training programs designed to enhance performance and well-being.

Prerequisites: EDPE 190 with a minimum grade of D and EDPE 222 with a minimum grade of D
Enrollment limited to students with a semester level of Fourth Year (96+ credits) or Third Year (60-95.99 credits).

Enrollment is limited to students with a program in Kinesiology or Sport Management.

EDPE 343. Coaching Basketball. (2 Credits)

Principles of defense and offense; fundamentals, special drills, rules, officiating, and equipment. **Prerequisite:** third year standing. Offered on sufficient demand.

Enrollment limited to students with a semester level of Fourth Year (96+ credits) or Third Year (60-95.99 credits).

EDPE 346. Coaching Baseball. (2 Credits)

Principles of coaching competitive baseball with an emphasis on strategy, drills for skill attainment, skill evaluation and Coaching philosophy. Offered on sufficient demand.

Enrollment limited to students with a semester level of Fourth Year (96+ credits) or Third Year (60-95.99 credits).

EDPE 347. Coaching Football. (2 Credits)

Principles of coaching competitive football with an emphasis on offensive and defensive strategy, position drills, and coaching philosophy. Offered on sufficient demand.

EDPE 349. Coaching Soccer. (2 Credits)

Principles of coaching competitive soccer with an emphasis on offensive and defensive strategy, position drills and philosophy. Offered on sufficient demand.

Enrollment limited to students with a semester level of Fourth Year (96+ credits) or Third Year (60-95.99 credits).

EDPE 377. Physiology of Exercise. (3 Credits)

The purpose of this course is to introduce students to the function of the human body during exercise. Specifically, how the human organism responds, adjusts, and adapts to both acute and chronic exercise. Emphasis is placed on bioenergetics, as well as cardiorespiratory, neuromuscular, and endocrine responses to the stresses of exercise. Also discussed are the effects of environmental factors and ergogenic aids and the impact both have on the physiological capacity of humans to perform exercise. Must be concurrently enrolled in EDPE 377L. Spring.

Prerequisites: (EDPE 276 with a minimum grade of D and EDPE 277 with a minimum grade of D)

Corequisites: EDPE 377L

Enrollment is limited to students with a program in Kinesiology.

EDPE 377L. Physiology of Exercise Lab. (1 Credit)

This course will complement EDPE 377 and provide a hands-on learning environment for students to apply concepts they are discussing in lecture. Students will be introduced to laboratory tests that are commonly used to assess the physiological responses of the human body to various forms of exercise. Students must be concurrently enrolled in EDPE 377. Spring.

Prerequisites: EDPE 276 with a minimum grade of D and EDPE 277 with a minimum grade of D

Corequisites: EDPE 377

Course Fee: 100

Enrollment is limited to students with a program in Kinesiology.

EDPE 378. Structural Kinesiology. (3 Credits)

Concepts surrounding body movement from anatomical and mechanical perspectives. Students will have the opportunity to analyze movement in sport and activity and apply related knowledge to improve performance.

Prerequisites: EDPE 277 with a minimum grade of D and EDPE 276 with a minimum grade of D

Course Fee: 100

Enrollment is limited to students with a program in Kinesiology.

EDPE 390. Directed Study. (1-3 Credits)

May be repeated for credit.

Topic to be decided by faculty.

EDPE 400. Sport Sponsorship and Promotions. (3 Credits)

This class builds on the general principles of sport marketing by discussing the unique aspects of sport marketing, applying marketing concepts to sport as a product, and the promotion of sport activities. Also, this course examines the topic from the perspective of the sponsored property, rather than a marketing perspective. It provides an overview of the theoretical underpinnings of the topic, followed by examples from actual sport sponsorships. Topics focus on the spectator as the product consumer and will include consumer analysis, market segmentation, product licensing and positioning, pricing, promotion, distribution, and sponsorship as they apply to sport.

Prerequisites: EDPE 190 with a minimum grade of D and EDPE 205 with a minimum grade of D and EDPE 321 (may be taken concurrently) with a minimum grade of D

Enrollment limited to students with a semester level of Fourth Year (96+ credits) or Third Year (60-95.99 credits).

Enrollment is limited to students with a program in Sport Management or Sport Management.

EDPE 405. Senior Seminar in Sport. (3 Credits)

The Seminar is the paramount learning experience for students in their senior year. Students apply knowledge from the previous years of understanding and creating, being and becoming, caring and doing, and finally imagining the possible. Using principles of Jesuit education, prior components of their education and disciplinary expertise, students connect the Gonzaga Mission to their future role in the world of Sport and Physical Activity.

Prerequisites: EDPE 496D with a minimum grade of D and EDPE 340 with a minimum grade of D and EDPE 321 with a minimum grade of D
Enrollment limited to students with a semester level of Fourth Year (96+ credits).

Enrollment is limited to students with a major in Sport Management.

EDPE 412. Administration of Sport and Athletics. (3 Credits)

An introduction to organizational theories and practices with an emphasis on the sport industries. Leadership styles and theories, organizational development, personnel, fiscal, and legal issues will be introduced.

Prerequisites: EDPE 205 with a minimum grade of D and EDPE 321 (may be taken concurrently) with a minimum grade of D
Enrollment limited to students with a semester level of Fourth Year (96+ credits) or Third Year (60-95.99 credits).

Enrollment is limited to students with a program in Sport Management or Sport Management.

EDPE 414. Ethical/Legal Aspects in Sport. (3 Credits)

This course is to familiarize students with the legal and ethical issues surrounding sport organizations. Topics such as negligence in sport, contract law, agency law, constitutional law, ethical theories within the work place are covered. Hypothetical as well as actual cases in each legal and ethical category will be discussed.

Prerequisites: EDPE 205 with a minimum grade of D
Enrollment limited to students with a semester level of Fourth Year (96+ credits) or Third Year (60-95.99 credits).

Enrollment is limited to students with a program in Sport Management or Sport Management.

EDPE 432. CIS. (3 Credits)

The Core Integration Seminar (CIS) engages the Year Four Question: "Imagining the possible: What is our role in the world?" by offering students a culminating seminar experience in which students integrate the principles of Jesuit education, prior components of the Core, and their disciplinary expertise. Each section of the course will focus on a problem or issue raised by the contemporary world that encourages integration, collaboration, and problem solving. The topic for each section of the course will be proposed and developed by each faculty member in a way that clearly connects to the Jesuit Mission, to multiple disciplinary perspectives, and to our students' future role in the world.

Prerequisites: Prerequisites exist. Refer to Zagweb.

EDPE 450. Principles of Strength and Condition. (3 Credits)

This course covers the scientific knowledge and exercise prescription principles of strength training and conditioning and their direct application to program design. Topics include periodization, testing and evaluation, program organization and administration, training modes and methods, and coaching exercise technique. Emphasis is given to the areas of agility, plyometric, speed and strength training for sport-specific performance.

Prerequisites: EDPE 377 with a minimum grade of D and EDPE 377L with a minimum grade of D

Enrollment is limited to Post Baccalaureate, Post Baccalaureate Non-Matric, Undergraduate or Undergraduate Non-Matric level students.

EDPE 465. Special Populations and Exercise. (3 Credits)

This course focuses on special populations and the implications for the exercise setting. Populations that are covered include the following: cardiovascular diseases, pulmonary diseases, metabolic diseases, neuromuscular diseases, skeletal disorders, older adults and pregnancy. For each population, an overview of the physiology, impact of the condition on the acute exercise response, impact of training on the condition, and recommendations for exercise testing and prescription will be discussed.

Prerequisites: EDPE 477 with a minimum grade of D and EDPE 477L with a minimum grade of D

EDPE 477. Exercise Testing. (3 Credits)

This course focuses on pre-exercise procedures consisting of health screening and risk factor assessment, along with exercise testing procedures for body composition, muscular strength, muscular endurance, cardiorespiratory fitness and flexibility. Emphasis will be placed on proper implementation/administration of exercise testing procedures and analysis of the findings.

Prerequisites: EDPE 377 with a minimum grade of D and EDPE 377L with a minimum grade of D

Corequisites: EDPE 477L

EDPE 477L. Exercise Testing Lab. (1 Credit)

Laboratory experience focusing on pre-exercise procedures consisting of health screening and risk factor assessment, along with exercise testing procedures for body composition, muscular strength, muscular endurance, cardiorespiratory fitness and flexibility. Emphasis will be placed on proper implementation/administration of exercise testing procedures and analysis of the findings.

Prerequisites: EDPE 377 with a minimum grade of D and EDPE 377L with a minimum grade of D

Corequisites: EDPE 477

Course Fee: 100

EDPE 480. Exercise Prescription. (3 Credits)

This course focuses on the necessary skills in order to effectively prescribe exercise programs for individuals in regards to the health-related components of fitness. Building upon previous coursework, students will interpret fitness assessment data, design individualized exercise programs based on the data, and carry out the individualized program with a client. Students will also implement fitness assessments throughout the program to monitor progress and pinpoint where modifications need to take place to increase the effectiveness of the exercise prescription.

Prerequisites: EDPE 477 with a minimum grade of D and EDPE 477L with a minimum grade of D and EDPE 465 with a minimum grade of D

EDPE 481. Kinesiology Seminar. (1 Credit)

Provides review and preparation for national certification tests and/or comprehensive exams.

EDPE 485. Special Topics. (1-4 Credits)

May be repeated for credit.

To be determined by instructor.

EDPE 490. Directed Readings. (0-3 Credits)

May be repeated for credit.

Individualized study based on readings approved by the professor. Students will develop a selected bibliography.

EDPE 491. Directed Study. (0-3 Credits)

May be repeated for credit.

Individualized study that is designed by the professor. Students will follow a prescribed course outline.

EDPE 492. Independent Study. (1-3 Credits)

May be repeated for credit.

Individualized study that is designed by the student in consultation with the professor for self-directed learning in a selected area of interest.

EDPE 494. Special Projects. (1-3 Credits)

May be repeated for credit.

Individualized study that is project based. The study will result in a practical application of educational theory. The project or a written report of the project will be submitted to the professor for evaluation.

EDPE 495. Student Teaching in Health and Physical Education. (12 Credits)

An intensive field experience in which the teacher candidate assumes full responsibility as a health and fitness educator under the direction of a University supervisor and cooperating teacher. **Prerequisites:** Completion of all endorsement coursework and completion of the West E endorsement test prior to student teaching.

Prerequisites: EDPE 311 with a minimum grade of D

EDPE 496A. Practicum: Physical Education. (2 Credits)

May be repeated for credit.

Practical experience in the area of physical education either at a site approved by the instructor of record.

Prerequisites: EDPE 311 with a minimum grade of D
Enrollment limited to students with a semester level of Fourth Year (96+ credits) or Third Year (60-95.99 credits).

Enrollment is limited to students with a program in Kinesiology or Sport Management.

EDPE 496B. Practicum: Coaching. (1,2 Credits)

May be repeated for credit.

Practical experience in the area of athletic coaching at a site approved by the instructor of record.

Enrollment limited to students with a semester level of Fourth Year (96+ credits) or Third Year (60-95.99 credits).

EDPE 496C. Practicum: Health and Fitness. (3 Credits)

May be repeated for credit.

Practical experience within a health/fitness related environment (clubs, clinics, health department, etc.) at a site approved by the instructor of record.

Prerequisites: EDPE 377 with a minimum grade of D and EDPE 377L with a minimum grade of D

Enrollment limited to students with a semester level of Fourth Year (96+ credits) or Third Year (60-95.99 credits).

Enrollment is limited to students with a program in Kinesiology or Sport Management.

EDPE 496D. Sport Management Internship I. (3 Credits)

May be repeated for credit.

Practical experience in the area of sport management organization at a site approved by the instructor of record.

Enrollment limited to students with a semester level of Fourth Year (96+ credits) or Third Year (60-95.99 credits).

Enrollment is limited to students with a program in Sport Management or Sport Management.

EDPE 496E. Sport Management Internship II. (3 Credits)

May be repeated for credit.

Practical experience in the area of sport management at a site approved by the instructor of record.

Prerequisites: EDPE 496D with a minimum grade of D
Enrollment limited to students with a semester level of Fourth Year (96+ credits) or Third Year (60-95.99 credits).

Enrollment is limited to students with a program in Sport Management.

EDPE 497. Internship. (0 Credits)

This course is offered in summer sessions only and does not count towards the major.

EDPE 497A. Field Experience in Elementary Physical Education. (1 Credit)

May be repeated for credit.

This field experience provides the teacher candidate opportunities in a school setting to integrate learning by observing, teaching, and analyzing instructional methods. Candidates will demonstrate their developing teaching competencies and reflect on their ability to implement classroom management strategies and deliver instruction to a diverse group of learners in the elementary physical education setting.

Corequisites: EDPE 313

EDPE 497B. Field Experience Secondary Physical Education. (1 Credit)

May be repeated for credit.

This field experience provides the teacher candidate opportunities in a school setting to integrate learning by observing, teaching, and analyzing instructional methods. Candidates will demonstrate their developing teaching competencies and reflection their ability to implement classroom management strategies and deliver instruction to a diverse group of learners in the secondary physical education setting.

Corequisites: EDPE 314

EDPE 497C. Field Experience in Health Education. (1 Credit)**May be repeated for credit.**

This field experience provides the teacher candidate opportunities in a school setting to integrate learning by observing, teaching, and analyzing instructional methods. Candidates will demonstrate their developing teaching competencies and reflect on their ability to implement classroom management strategies and deliver instruction to a diverse group of learners in the health education setting.

Corequisites: EDPE 312

EDPE 497D. Field Experience in Adaptive Physical Education. (1 Credit)

This field experience provides the teacher candidate opportunities to integrate learning by observing, teaching, and analyzing instructional methods in a practical setting. Candidates will demonstrate their developing teaching competencies and reflect on their ability to implement classroom management strategies and deliver instruction to a diverse group of learners in the adapted physical education setting.

Corequisites: EDPE 315

EDPE 499. Comprehensive Examination. (0 Credits)

A final exam required of all Kinesiology majors in their final semester of coursework. The type of exam will be dictated by the student's program of study and a fee for the exam may be required. Contact the Program Director for specific information.

SPMT 101. Introduction to Sport Management. (3 Credits)

This course offers a comprehensive introduction to the field of sport management, exploring essential topics such as sport marketing, consumer behavior, communication, facility and event management, the history of sport management, economics, finance, sociology, international sport, organizational behavior and leadership, collegiate and professional sports, and sport management research.

SPMT 205. Sport and Activity in a Diverse Society. (3 Credits)

A comprehensive understanding of the role of sport and physical activity in a diverse society, examining how factors such as race, gender, age, ability, culture, religion, sexual orientation, and social class shape participation and experiences in these domains. Students will investigate the intersection of these differences and their impact on sport and physical activity, both on and off the field. The course also covers strategies for promoting inclusion, diversity, and equity in sport and physical activity settings, offering practical approaches for addressing barriers and fostering positive, inclusive environments. Topics include the role of sport in socialization, diversity management in sports organizations, and trends and issues related to diversity and inclusion in recreational and competitive sports.

Prerequisites: SPMT 101 with a minimum grade of D

SPMT 207. Sport Communication. (3 Credits)

An introduction to sport communication. Emphasis is placed on the fields within sport communication, including but not limited to sports information, public relations, media production, marketing & research, interactive media, media trends, production competencies, and employment options and trends. Special attention is given to topics such as historical/theoretical features of the field, personal and organizational processes, sport media, services and sociological aspects.

Prerequisites: SPMT 101 with a minimum grade of D

SPMT 223. Soccer and Society. (3 Credits)

This course will use soccer as a lens to examine the evolution of politics, culture, and society from the nineteenth century to the present. This multidisciplinary course examines soccer to understand problems present in modern societies. In exploring the history of soccer, a sport that grew to global prominence in conjunction with industrialism and global imperialism, we will examine a range of themes such as class, race, and gender, urbanization, nationalism, globalization, consumerism, spectatorship, and American exceptionalism. Although global in focus, the course will use specific national and local examples to investigate its particular themes in greater depth and to locate them in time and place.

Prerequisites: SPMT 101 with a minimum grade of D

SPMT 225. Foundations of Esports. (3 Credits)

This course is designed to provide an overview of Esports. The curriculum covers various topics of Esports, including its marketing, venue, consumer & gamer behavior, international market, history, economic impact, sponsorship, diversity issue, and academic research. Students are expected to gain a broad appreciation of Esports and lay a solid foundation for future learning and practice in the Esports industry.

Prerequisites: SPMT 101 with a minimum grade of D

SPMT 285. Special Topic. (1-3 Credits)**May be repeated for credit.****SPMT 287. Foundations in Sports Outreach. (3 Credits)**

This course explores the historical foundations, development, and implementation of sport outreach programs within faith communities. Students will examine organizational strategies, leadership roles, and biblical justifications for sports outreach while gaining practical experience. A minimum of 15 hours of service with the Gonzaga Family Haven and other community engagement events is required.

Prerequisites: SPMT 101 with a minimum grade of D

SPMT 291. Individualized Study. (1-3 Credits)**May be repeated for credit.**

Topic to be determined by instructor.

SPMT 307. International Sport Management. (3 Credits)

The intersection between global sport and society is an emerging area of study that focuses on the management and cross-cultural context of sport and the issues that surface when sport is examined through an international lens. This course will prepare students to think critically about the governance, business activities, media operations, and cross-cultural context of modern sport on an international level. This course is an interdisciplinary course in which students will learn about the history, politics, economics, and sociology of international sport.

Prerequisites: SPMT 101 with a minimum grade of D

SPMT 321. Sport Facility and Event Management. (3 Credits)

This course covers policies and practical applications of facility management and operations, emphasizing the design, planning, operation, and maintenance of sport/athletic facilities. Topics include: Sports event bidding process, Event planning, Public and private funding sources for venue construction, Security issues in sport/athletic facilities, Booking and scheduling, Concessions and merchandising, and Master planning.

Prerequisites: SPMT 205 with a minimum grade of C and SPMT 207 with a minimum grade of C

Enrollment limited to students with a semester level of Fourth Year (96+ credits) or Third Year (60-95.99 credits).

Enrollment is limited to students with a program in Sport Management or Sport Management.

SPMT 330. Sport Marketing. (3 Credits)

This course integrates general marketing principles with the unique aspects of sport, examining both theoretical foundations and practical applications. Students will explore consumer analysis, market segmentation, positioning, pricing, promotion, distribution, sponsorship, and product licensing, all within the sport industry. Real-world examples will illustrate how sport marketing concepts are effectively put into practice.

Prerequisites: SPMT 205 with a minimum grade of D and SPMT 207 with a minimum grade of D

Enrollment limited to students with a semester level of Fourth Year (96+ credits) or Third Year (60-95.99 credits).

Enrollment is limited to students with a program in Sport Management or Sport Management.

SPMT 350. Sport Finance. (3 Credits)

This course explores the financial mechanisms driving the sport industry, covering budgeting, revenue generation, sponsorships, broadcasting, and risk management. Students will analyze the economics of professional, collegiate, and youth sports, using case studies and Excel to address real-world challenges. By the end of the course, students will be equipped to make informed financial decisions and contribute to the sustainability and growth of sport organizations. Designed for aspiring sport managers, this course emphasizes practical skills and industry relevance.

Prerequisites: SPMT 205 with a minimum grade of D and SPMT 207 with a minimum grade of D

Enrollment limited to students with a semester level of Fourth Year (96+ credits) or Third Year (60-95.99 credits).

Enrollment is limited to students with a program in Sport Management or Sport Management.

SPMT 412. Organizational Behavior in Sport. (3 Credits)

An exploration of organizational behavior theories and practices with a focus on the unique dynamics of the sport industry. This course examines the interplay between leadership styles, team behavior, motivation, communication, and decision-making within sport organizations. Topics include organizational culture, change management, conflict resolution, diversity and inclusion, and the impact of individual and group behavior on organizational effectiveness in sport settings.

Prerequisites: SPMT 205 with a minimum grade of D and SPMT 207 with a minimum grade of D

Corequisites: SPMT 414, SPMT 499

Enrollment limited to students with a semester level of Fourth Year (96+ credits) or Third Year (60-95.99 credits).

Enrollment is limited to students with a program in Sport Management or Sport Management.

SPMT 414. Ethical and Legal Aspects in Sport. (3 Credits)

To familiarize students with the legal and ethical aspects surrounding sport organizations. Topics such as criminal law, gambling law, tort law, contract law, employment law, labor law, employment discrimination, constitutional law, Title IX, intellectual property law, and ethical theories within the workplace are thoroughly covered.

Prerequisites: SPMT 321 with a minimum grade of D and SPMT 330 with a minimum grade of D and SPMT 350 with a minimum grade of D

Corequisites: SPMT 412, SPMT 499

Enrollment limited to students with a semester level of Fourth Year (96+ credits) or Third Year (60-95.99 credits).

Enrollment is limited to students with a program in Sport Management or Sport Management.

SPMT 430. Sport Analytics. (3 Credits)

This course offers a comprehensive introduction to the growing field of sport analytics, emphasizing data-driven strategies to inform decisions across the sports industry. Students will explore foundational statistical techniques and real-world methodologies for collecting, managing, and interpreting data, with key focus areas including player performance evaluation, game outcome prediction, information technology integration, and sport marketing analytics.

Prerequisites: SPMT 330 with a minimum grade of D

Enrollment limited to students with a semester level of Fourth Year (96+ credits) or Third Year (60-95.99 credits).

SPMT 485. Special Topic. (1-3 Credits)

May be repeated for credit.

Topics is designed by the professor.

SPMT 494. Individualized Study. (1-3 Credits)

May be repeated for credit.

Individualized study that is designed by the professor. Students will follow a prescribed course outline.

SPMT 495. Sport Management Internship I. (3 Credits)

May be repeated for credit.

The Sport Management Internship is a hands-on learning experience designed to provide students with practical exposure to the sport industry. The internship allows students to apply theoretical knowledge and skills learned in the classroom to real-world sports organizations.

Prerequisites: SPMT 321 with a minimum grade of D and SPMT 330 with a minimum grade of D and SPMT 350 with a minimum grade of D

Enrollment limited to students with a semester level of Fourth Year (96+ credits) or Third Year (60-95.99 credits).

Enrollment is limited to students with a program in Sport Management or Sport Management.

SPMT 496. Sport Management Internship II. (3 Credits)

The Seminar is the paramount learning experience for students in their senior year. Students apply knowledge from the previous years of understanding and creating, being and becoming, caring and doing, and finally imagining the possible. Using principles of Jesuit education, prior components of their education and disciplinary expertise, students connect the Gonzaga Mission to their future role in the world of Sport Management.

Prerequisites: SPMT 495 with a minimum grade of D and SPMT 412 with a minimum grade of D

Enrollment limited to students with a semester level of Fourth Year (96+ credits) or Third Year (60-95.99 credits).

Enrollment is limited to students with a program in Sport Management or Sport Management.

SPMT 499. Seminar in Sport Management. (3 Credits)

The Seminar is the paramount learning experience for students in their senior year. Students apply knowledge from the previous years of understanding and creating, being and becoming, caring and doing, and finally imagining the possible. Using principles of Jesuit education, prior components of their education and disciplinary expertise, students connect the Gonzaga Mission to their future role in the world of Sport Management.

Prerequisites: EDPE 495 with a minimum grade of C

Corequisites: SPMT 412, SPMT 414

Enrollment limited to students with a semester level of Fourth Year (96+ credits).

Enrollment is limited to students with a program in Sport Management or Sport Management.